

# Keeping Your Freedom

When something is just not quite right – Maybe feeling uncomfortable with someone or in a situation, etc. use these simple steps:

Father, Jesus or Holy Spirit, Is there anyone I need to forgive?

(Person's name), I forgive you for...(example: yelling at me)

I release you from all my judgments and expectations

I give up my right to judge you

I love you and I bless you

Is there anyone else I need to forgive?

What is the lie I'm believing? (Example: I'm un-protected)

I renounce (or break with) the lie that .....(example: I'm un-protected)

Father, what is the truth? (Example: I am your Protector)

Proclaim that truth. I proclaim that...(example: Father God is my Protector)

Is there another lie that I am believing?

When we forgive instantly, we keep short accounts with others and stay free of that prison that un-forgiveness puts us in. When we go to Father God, Jesus, and/or Holy Spirit instantly to discover the lies we are believing we never let the lies of the enemy take hold. Enjoy your freedom!